



Overview of Grady Behavioral Health Services 2016

House Study Committee on
Mental Illness Initiative, Reform,
Public Health & Safety
November 22, 2016

Grady Behavioral Health Individuals Served

- **Suffer from severe and persistent mental illness** – it is estimated that 6-7% of the population in Fulton county lives with severe mental illness such as schizophrenia
- Multiple ER, hospital admissions and incarcerations
- High rate of homelessness, addictive disease, and complicating medical conditions
- 60-70% are uninsured
- Access services at Grady ER via EMS, law enforcement, walk in – 850 per month

Grady Behavioral Health Individuals Served

- May require involuntary commitment and admission to Crisis Intervention Service (CIS) for 2-3 days
- May require a 6-8 day inpatient stay following CIS evaluation
- Post hospital discharge planning is frequently complicated by high rate of homelessness, transportation challenges, medical problems or substance use
- Readmission to the ER is likely if case management and aftercare does not occur

Grady Behavioral Health Workforce

- Behind the Grady ER and EMS, the Behavioral health department ranks 3rd in the number of staff it employs
- 250 Grady staff comprised of Social Workers, Professional Counselors, Nurses, Mental Health Technicians, Vocational Rehab counselors, Substance Abuse Counselors and Certified Peer Specialists.
- 40 Morehouse and Emory psychiatrists and psychologists
- 30 Psychiatry residents and Psychology interns
- Grady fulfills a critical role in addressing the workforce shortage by training more Psychiatrists and Psychologists than any hospital in the state

Hospital-based Behavioral Health Services

- **Emergency Room Diversion**
 - Behavioral health clinicians riding with EMS – diverting @ 20%
 - 911 calls diverted to a state crisis line
- **Dedicated Psychiatric Emergency Service** – Dedicated 12 bed unit within the Grady ER that evaluates approximately 800-900 patients per month. Typically diverts 60% to a more appropriate level of outpatient care.
- **Crisis Intervention Services (CIS)**
 - Temporary observation unit - Max Capacity is 32 patients
 - Serves between 400-500 per month
 - Length of stay 2-3 days
 - 50% of admissions (250) are discharged but require aftercare
 - 50% require inpatient treatment – the uninsured can wait for days for a bed while insured are frequently transferred to other hospitals

Hospital-based Behavioral Health Services

- **Inpatient unit -13a**
 - 24 bed capacity
 - 13 DBHDD funded beds
 - Always fully occupied
 - Average Length of Stay is 7 days – but we have kept some patients (in need of long term care) for months because no nursing home or other hospital would serve them.
 - Discharging 80-100 patients a month who require aftercare
- **Consult & Liaison team-**
 - Evaluates and treats mentally ill patients on medical floors
 - Sees thousands of individuals each year
 - Once stabilized may refer to Grady's BH inpatient unit or outpatient services

Community Based Behavioral Health Services

These distinct services are dedicated to meeting basic needs of clients, finding housing, benefits and linkage to services

- **Assertive Community Treatment Team (ACT)** 24,000 visits a year
 - Three multidisciplinary teams of 12-14 staff provide community and home-based services to a caseload of up to 100 clients for each team
 - Current teams have the highest fidelity audit scores in the state.
 - Success at keeping clients out of hospital or jail, and obtaining housing
- **Intensive Case Management**
 - 5 FTE's with a caseload of 30 clients per staff (total 150)
- **Case Management**
 - 6 FTE's with a caseload of 50 clients per staff (total 300)
- **PATH** – 3 FTE's dedicated to homeless outreach
- **Atlanta City Jail** – Clinical team dedicated to serving inmates

Clinic Based

Behavioral Health Services (10 Park Place)

- **Adult Outpatient Clinic – 38,000 visits a year**
 - Provides medication management, individual, and group therapy –
 - Post Hospitalization after-care clinic – Treats 20 individuals a day
 - Primary Care Clinic dedicated to treating Behavioral Health Clients
 - Women’s Clinic – specializes in serving pregnant women
 - PSTAR –A program dedicated to treating individuals with severe treatment resistant psychosis
 - Open Dialogue Clinic – serves young adults utilizing a European best practice model that engages caretakers/families
- **Psychosocial Rehabilitation (PSR) and Peer Support Programs – 14,000 visits a year**
 - Provides recovery-oriented services daily for 80-90 consumers. Program helps clients with work readiness and long term stability

Grady Behavioral Health Funding

- Contract with the Georgia Dept. of Behavioral Health to serve the uninsured representing around \$10 million annually.
- Medicaid and Medicare represent around 30-40% of the payer mix while the uninsured represent 60-70%
- Since private psychiatric hospitals will not treat the uninsured Grady retains the uninsured while transferring those with insurance to other hospitals – further decreasing revenue
- Grady loses millions each year but continues to invest in services while other providers reduce or eliminate

Grady Behavioral Health Patient/Client Volume

- In 2015, Grady provided care for more than 84,000 behavioral health cases, including inpatient stays, outpatient visits and emergency room visits

	Inpatient	Outpatient	Emergency
Total Volume	1,657	72,238	10,786
Fulton	57%	69%	59%
DeKalb	23%	24%	19%
Other	20%	7%	23%

Grady Can't Do It All

- **More crisis beds in Fulton County are needed.**
 - Fulton County is the most populous county in the state, with an estimated 5-7% of its residents living with Severe and Persistent Mental Illness.
 - Outside the DBHDD state hospital, only Grady offers crisis/inpatient beds for the uninsured.
- **A better coordinated system of care in Fulton County is needed.**
 - A continuum of services will result in sustained recovery in individuals who frequently present to the Grady ER due to inability to access appropriate services at the right time.
 - If providers continue to send people in crisis to Grady, they need to be incentivized to serve them following discharge from our hospital
- **Grady needs the state, Fulton health department, and other providers to accept more referrals and collaborate better by sharing information.**
 - With such limited resources, we have to work smarter and must have access to treatment history