PSALM 91:11  For He shall give His angels charge over thee, to keep thee in all thy ways.

WWW.ABBYSANGELSFOUNDATION.ORG

3SISTERS@ABBYSANGELSFOUNDATION.ORG
<table>
<thead>
<tr>
<th><strong>VISUAL</strong></th>
<th><strong>MANUAL</strong></th>
<th><strong>COGNITIVE</strong></th>
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</thead>
<tbody>
<tr>
<td><img src="icon-eye.png" alt="Eye Icon" /></td>
<td><img src="icon-hand.png" alt="Hand Icon" /></td>
<td><img src="icon-brain.png" alt="Brain Icon" /></td>
</tr>
</tbody>
</table>
| Keep your **eyes on the road**.  
Pull over to read directions.  
Put your **phone in “Do Not Disturb” mode**. | Keep your **phone out of reach**.  
Make all adjustments before driving.  
**Don’t reach** for items while driving. | Avoid phone calls, even hands-free.  
Stay focused on the road.  
Keep your emotions in check. |

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**The Three Types of Distracted Driving and How to Avoid Them**
FACTS ABOUT DISTRACTED DRIVING

• If your eyes are off the road for more than 2 seconds than your odds of crashing doubles.

• An average of 5 seconds of your eyes off the road and traveling at a speed of 55mph is the distance of a football field without looking.

• Biomechanical movements increase your chance of a collision up to 3 times.
GET THE FACTS ON Distracted Driving

- 39 states in the U.S. have laws that ban sending text messages while driving.
- 23x increased likelihood that text messaging will cause a crash, compared to driving while not distracted.
- 89% of American adults think sending text messages or e-mails while driving is distracting, dangerous, and should be outlawed.
- 48% of kids age 12-17 have been in a car while the driver was texting.
- 49% of drivers age 21-24 send text messages and emails while driving.
- 4.6 seconds pass when a driver’s eyes leave the road to text at 55 mph, it’s like driving the length of a football field blind.
There are three kinds of distracted driving.

**Visual Distraction**
Doing something that requires the driver to look away from the roadway.

**Manual Distraction**
Doing something that requires driver to take hands off of the steering wheel.

Texting involves all three.

**Mental Distraction**
Thinking hard about something other than driving.
DRUNK DRIVING INCREASES THE LIKELIHOOD OF CAUSING A CAR CRASH BY 4x

WHILE

TEXTING DRIVING INCREASES THE LIKELIHOOD OF CAUSING A CAR CRASH BY 8x
MENTAL DISTRACTION RATING SYSTEM

Even with your eyes on the road and your hands on the wheel, mental distractions dangerously affect drivers behind the wheel.

Mild Danger
Example: Listening to the radio or an audio book

Moderate Danger
Example: Talking on a hand-held phone or a hands-free phone

High Danger
Example: Using voice-activated texting or email feature

AAA.com/distraction
How Big Is The Problem?

- **US Deaths**  In 2015, 3,477 people were killed in crashes involving a distracted driver.

- **US Injuries**  In 2015, 391,000 people were injured in motor vehicle crashes involving a distracted driver.

- Each day in the US, approximately 9 people are killed and more than 1,000 injured in crashes that are reported to involve a distracted driver.

- **Georgia**  In 2016, there were 1,561 fatalities on Georgia roads.

  - **739** fatalities have been reported in 2017.

- Recent reports show Georgia’s number of fatalities due to distracted driving is 3X the national average

  - National Center for Statistics and Analysis.  *Distracted Driving 2015*
ABBY
Christmas Day 2012

An organ transplant is saving the life of a child today.
TVOC-Teen Vehicle Operations Course  www.tvoc.ws

1 LIFE 1 CHOICE
I PROMISE TO PUT LIVES 1ST
I Pledge To Drive Safely & Without Distraction

School  Date
Young Drivers Remembering Abby and #1Life1Choice

College Scholarships
Tell Abby’s Story  Share Her Legacy
Save Lives   #1Life1Choice

ABBY Washere
Then the child opened her eyes, and looked up into the Angel's beautiful face, which beamed with happiness, and at the same moment they were in heaven, where joy and bliss reigned. The child received wings like the other angel, and they flew about together, hand in hand."
Abby’s 4th Grade Year 2012
1st Day of School & Her Last School Picture
Providing Hope and Encouragement to children and their families through Love, Laughter, and the Gift of Life.

Mission
To provide school supplies through Abby's Closet to children in need; to be a bridge of support to families of children who have so graciously given the Gift of Life; provide outreach programs for children in the South Metro Atlanta area who have lost a sibling.