2019 – 2020 House Rural Developmental Council

Commissioner Judy Fitzgerald
August 21, 2019
DBHDD: Georgia’s Public Safety Net

• State agency created in 2009
• Serves more than **180,000** people across Georgia each year
• Provides treatment and support services for most-in-need individuals with
  ✓ Mental Illness
  ✓ Substance Use Disorders
  ✓ Intellectual and Developmental Disabilities (I/DD)
• Priority Population: Individuals who are uninsured, underinsured, or receiving Medicaid
Public Safety Net

Regions contain field offices with resources serving the community (i.e., integration homes and providers)

6 REGIONS

24 Community Service Boards

STATE OFFICE
2 Peachtree St, Atlanta

REGIONAL HOSPITALS

Georgia Regional Hospital at Savannah
SAVANNAH

Georgia Regional Hospital at Atlanta
ATLANTA

East Central Regional Hospital
AUGUSTA

West Central Georgia Regional Hospital
COLUMBUS

Central State Hospital
MILLEDGEVILLE
DBHDD is a Healthcare Agency with:

- $1.3 Billion Budget (FY 2020)
- Approximately 5,300 Employees
- Six Field Offices
- Approximately 255 Behavioral Health Providers
- Five State Hospitals
- 24 Community Service Boards (Public Safety Net)
- Georgia Crisis and Access Line (GCAL) 1-800-715-4225
- 423 Intellectual and Developmental Disabilities Providers
Community Service Board (CSB) Catchment Areas

1. Lookout Mountain Community Services
2. Highland Rivers CSB
3. Avita Community Partners
4. Cobb CSB
5. Douglas CSB
6. Clayton CSB
7. DeKalb CSB
8. View Point Health
9. Advantage Behavioral Health Systems
10. Serenity Behavioral Health (CSB of East Central Georgia)
11. River Edge Behavioral Health Center
12. Oconee CSB
13. Pathways Center for BH and Developmental Growth
14. McIntosh Trail CSB
15. New Horizons CSB
16. Middle Flint Behavioral Healthcare
17. Phoenix Center BH Services
18. Aspire BH and DD Services (formerly Albany CSB)
19. Georgia Pines Community MHMRSA Services
20. Legacy Behavioral Health (formerly BHS of South Georgia)
21. (A) CSB of Middle Georgia
22. (B) CSB of Middle Georgia (Ogeechee Division)
23. Pineland Area CSB
24. Unison BH (formerly Satila CSB)
25. Gateway CSB
Georgia Crisis and Access Line (GCAL)

- 24 hours a day, 7 days a week
- Statewide (159 counties)
- Connects callers with a trained, professional
- Deploy mobile crisis response
- Manage entry into crisis services
- For individuals with I/DD and/or Behavioral Health
- Provider referrals
- Free and confidential
- Mobile application and texting capability
Georgia Crisis and Access Line (GCAL)

• Atlanta-based call center receives 650 – 1,000 contacts on most business days
  ✓ Nearly 40% are individuals calling for themselves
  ✓ 6% are calling for their friends or family
  ✓ 46% are professionals seeking support for an individual under their care or in their services

• Professionals call GCAL from emergency rooms, community mental health centers, private psychiatric hospitals, family and children services, courts, schools, law enforcement, probation and parole, and juvenile justice
Georgia Apex Program

• DBHDD funded program that creates partnerships between community-based mental health providers and local schools to provide school-based mental health services

  ✓ Increasing access to mental health services for children and youth
  ✓ Providing early detection of child and adolescent mental health needs
  ✓ Strengthening coordination between community-based mental health providers and local schools
Mental Health Promotion in Schools

Mental Health Promotion Within Apex Schools
Apex addresses the need for intensive intervention for students identified as living with mental health concerns – the top tier of the pyramid. Apex providers also work with schools on additional mental health promotion activities across Tiers 1 and 2 of the pyramid.

Tier 3: 100% of schools
- Individual therapy for indicated students: 95%
- Behavior assessment: 88%
- Crisis management services: 64%
- Group therapy for indicated students: 41%

Tier 2: 97% of schools
- Individual therapy for at-risk students: 89%
- Group therapy for at-risk students: 34%
- Targeted screening: 23.3%

Tier 1: 88%
- School events: 66%
- Parent education: 50%
- Mental health awareness events: 43%
- Classroom observation: 40%
- Youth Mental Health First Aid training: 23%
Three Phases of Apex

Apex 1.0
State-Funded Pilot Program

Apex 2.0
Governor Deal’s Children’s Mental Health Commission Funds

Apex 3.0
Governor Kemp Allocation
• Close partnership with schools and Department of Education
• Enhanced data collection and sustainability
## Georgia Apex Year 3 By the Numbers

<table>
<thead>
<tr>
<th>Category</th>
<th>Statistic</th>
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<tbody>
<tr>
<td>78% in Rural Area (321 out of 411 schools)</td>
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<td>29 funded providers</td>
<td>396 schools involved</td>
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<td>27 average number of students served per school</td>
<td>288 average number of first-time students served per month</td>
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<td>3,464 students received mental health services for the first time</td>
<td>14,615 referrals made for school-based mental health services</td>
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<td>60,318 services provided in schools</td>
<td>95.9% of parents surveyed reported satisfaction</td>
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Urgent Priorities and Unmet Needs

Urgent and critical priorities warrant additional focus and development

Outpatient “Core” Funding
Increasing demand; Growing population; Treating before crisis

Opioid Crisis
Increasing access; Reduce overdose deaths; Prevention, Treatment, and Recovery

Crisis Support
Integrating, enhancing, and expanding crisis services; Meeting current and addressing forecasted need

Children and Youth Services
Implementing Children’s MH Commission report; Developing innovative programming; Collaborating with child-serving partners

Prevention
Establishing sustainable prevention programs across the lifespan (Suicide Prevention, SU Prevention, MH Promotion)

I/DD Transitions: Planning List and Hospitals
Implementing 5-year plan: Addressing current needs and anticipating future demand; Continue hospital transitions

Whole Health for BH and I/DD Population
Coordinating BH and I/DD services within health care system; Promoting the overall well-being of the individual

Value-Based Purchasing
Preparing the network for alternative payment mechanisms; Rewarding positive outcomes

Forensic Population
Ensuring viable facilities and workforce; Addressing growing population of individuals involved with court systems

Aging Population
Facing clinical and fiscal challenges resulting from aging individuals and caregivers

National Workforce Shortage
Developing short- and long-term strategies; Address impact on Georgia with particular attention to rural areas
Workforce Challenges and Updates

• Rural Outreach
• National crisis across all levels of service (frontline to Psychiatry)
• Psychiatric Residency Partnership
• Partnership with Voices for Georgia’s Children
Georgia Department of Behavioral Health and Developmental Disabilities