MyCharlie
An AllHealth CHOICE Solution

AllHealth CHOICE Remote Health Monitoring and Care Management Powered by MyCharlie

HITRUST
CSF Certified

The Problem

MyCharlie
An AllHealth CHOICE Solution

117 million Americans
have one or more chronic illnesses.

Chronic conditions are costly

>77%	~66%	2 - 3%

- The American Hospital Association supports the use of technology for the management of chronic conditions.

- People with multiple chronic conditions are at increased risk for poorer day to day functioning and increased mortality rates.

2,610 hospitals – more than half – faced monetary penalties due to their 2015 readmission rates.

Total healthcare spending is associated with care for the over 1 in 4 Americans with multiple chronic conditions.

Consumers with chronic conditions report receiving care coordination

Increased spending on chronic disease is a key factor driving the overall increase in spending.

7 out of every 10 Americans take prescription medication. $200 billion a year spent on improper use of prescription drugs.
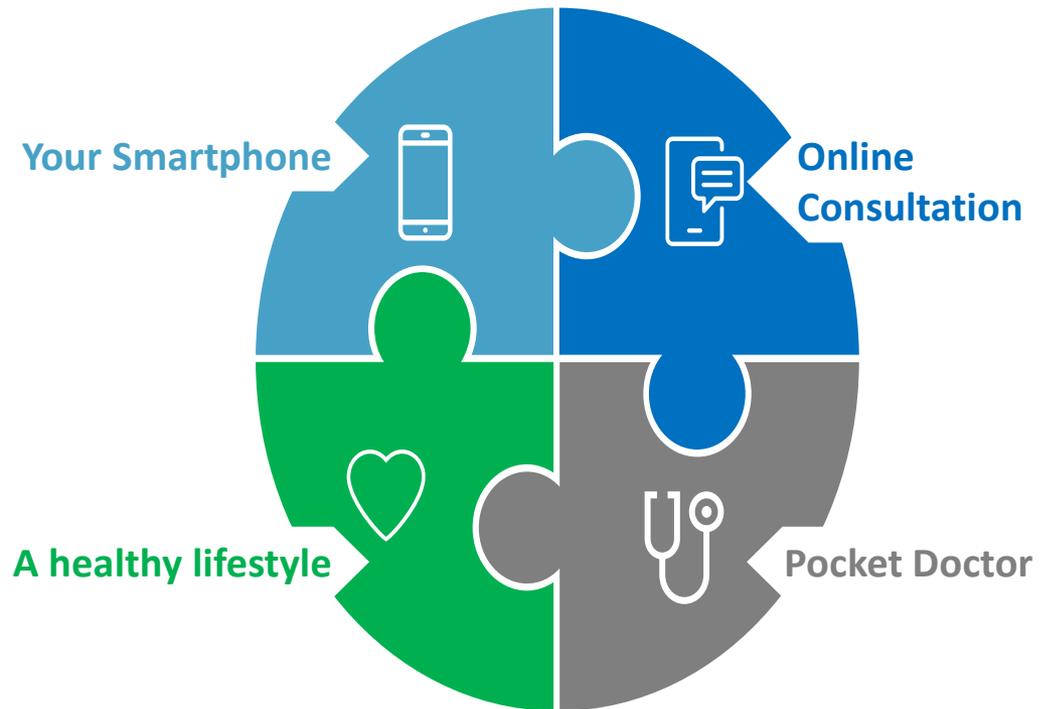
AllHealth CHOICE Solutions

- ❏ Complex Care Management
- ❏ Chronic Condition Monitoring
- ❏ Advanced Disease Management
- ❏ Population Health Solutions
- ❏ Remote Health Monitoring & Telemedicine Solutions
- ❏ 24/7/365 Proactive Care Coordination
- ❏ Advanced Engagement Strategies for medical care, behavioral health, & SDOH
- ❏ Technology & Data Analytics tailored to the needs of your plan
- ❏ Opioid Management Programs that could be easily modified to manage Psychotropic Drug Usage

Our innovative care coordination and proactive management approach **reduces critical and catastrophic events by transmitting red flag alerts and preventative information** to medical providers, enabling corrective action to be taken prior to any event.

AllHealth CHOICE Solutions

MyCharlie
An AllHealth CHOICE Solution

- Complex Care Management
- Chronic Condition Monitoring
- Advanced Disease Management
- Population Health Solutions
- Remote Health Monitoring and Telemedicine Solution
- 24/7/365 Proactive Care Coordination
- Advance Engagement Strategies to engage around medical care, behavioral health, and SDOH
- Data Analytics tailored to the needs of your plan
- Technology to meet the needs of your plan

Your Smartphone

Online Consultation

A healthy lifestyle

Pocket Doctor

MyCharlie
AllHealth CHOICE
Complex Care Management and Chronic Condition Monitoring

MyCharlie in Action

Being *proactive* is as easy as:

Engage quickly with your nurse care manager via…

Call or Text

Email

Video Chat

Connect to discuss and learn about…

NURSE ON DEMAND
Navigate health questions and medical issues 24/7/365

CUSTOMIZED CARE PATHWAYS
New diagnoses, symptom management

PHARMACIST OVERSIGHT
Medication Monitoring, Frequency and Dosing Oversight, Adherence

BEHAVIORAL HEALTH
Care Pathways incorporate behavioral health issues

SOCIAL DETERMINANTS OF HEALTH
Break old habits, address barriers to adherence

AND …
Anything else! Explore all-new methods of building a healthy lifestyle just for you
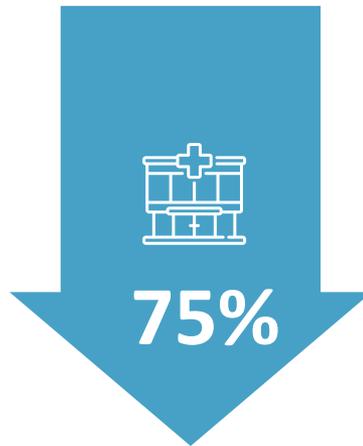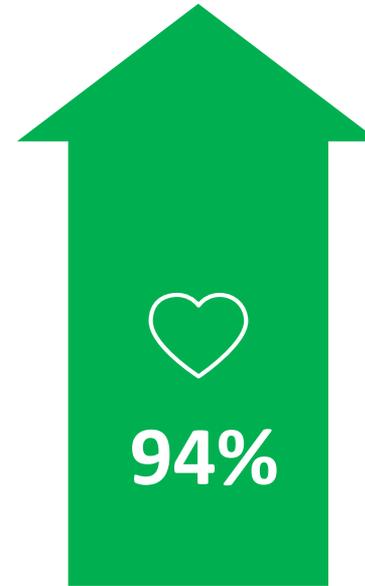
MyCharlie Technology Options
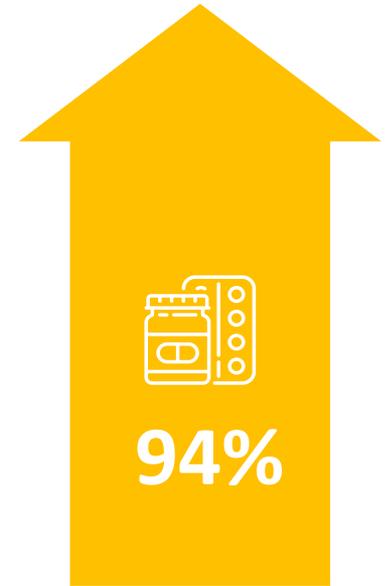
AllHealth CHOICE Proven Results

MyCharlie
An AllHealth CHOICE Solution

52%
Reduction in Readmission Rate

75%
Reduction in Emergency Department Visits

94%
Patient Satisfaction

94%
Medication & Medical Device Adherence

A Client Study

Over 12 months saw the following results within their actual health claim utilization

55% Reduction in **total claims**

Participants saw reduction in claims:

Hypertension **51%**

Diabetes **46%**

CHF **26%**

COPD **9%**

These savings were per member per year and there were 135 participants in the study

MyCharlie
AllHealth CHOICE
Technology and Data Analytics

Health Operations Center (HOC): Automated Clinical Workflows

MyCharlie
An AllHealth CHOICE Solution

AllHealth CHOICE

| | Active (3) | Closed (273) | Search Status : --- All --- ▼ | | | | | | | | | Search Patient : | 🔍 | ✈ |

	First Name	Last Name	Date Of Birth	🖥	🏠	Glu	💙	O₂	🌡	HS	Peak Flow	Steps	Status		📇
☎ 1	Wedge	Dasher	12/27/1991	142/91	202.375	153	52	99	97.55	56			New		...
⚠ 1	Anne	Nurse	12/25/1969	170/115	155	81	96	98	96.8	14			New		...
⚠ 2	Office	Delta	12/27/1991	114/71	216	140	72	97	97.3	-9			New		...

▲ = ▲

Click on patient's vital values to view details

TimeZone	**Eastern Daylight Time** 7/18/2019 2:27:12 PM	**Diagnosis** Diabetes(2009) insulin-dependent Hypertension(2019) Lymes
VitalType	**Blood Pressure**	
🩺	**170/115** **Active**	

CCM Document(s) :
Date: 6/18/2019 8:29:09 AM
Notes: testing
Status: Closed
Operator: DCook
Alerts:
Events: 911 Call

Medications :

30 Day Report : 🗎 **Blood Pressure**

07/28/19 - 08/03/19   Average : N.A

No data created for this time period

Average : N.A   Alert High Value : 180/90
Goal : N.A/N.A   Alert Low Value : 100/50

Health Score Output

Other Program Benefits
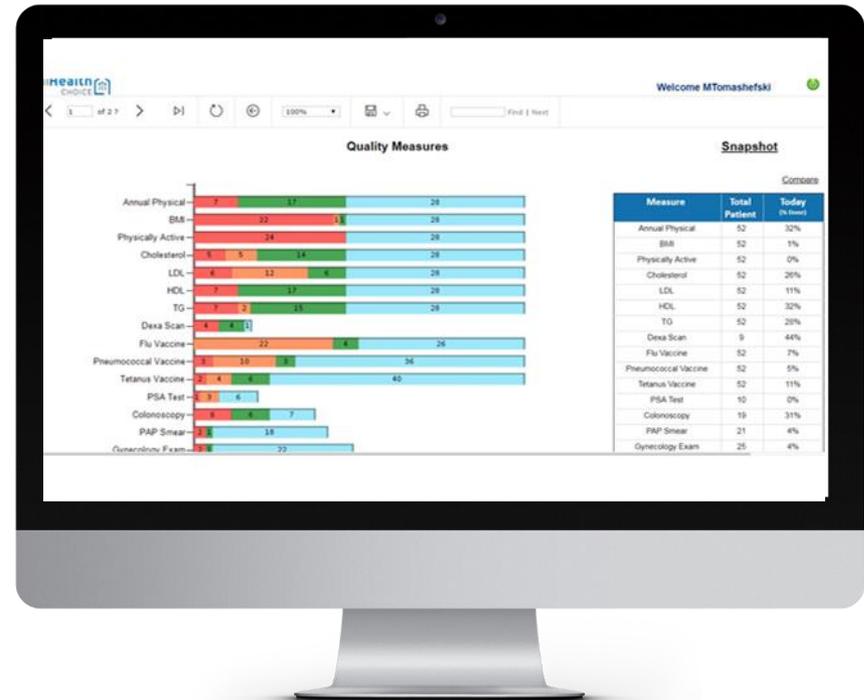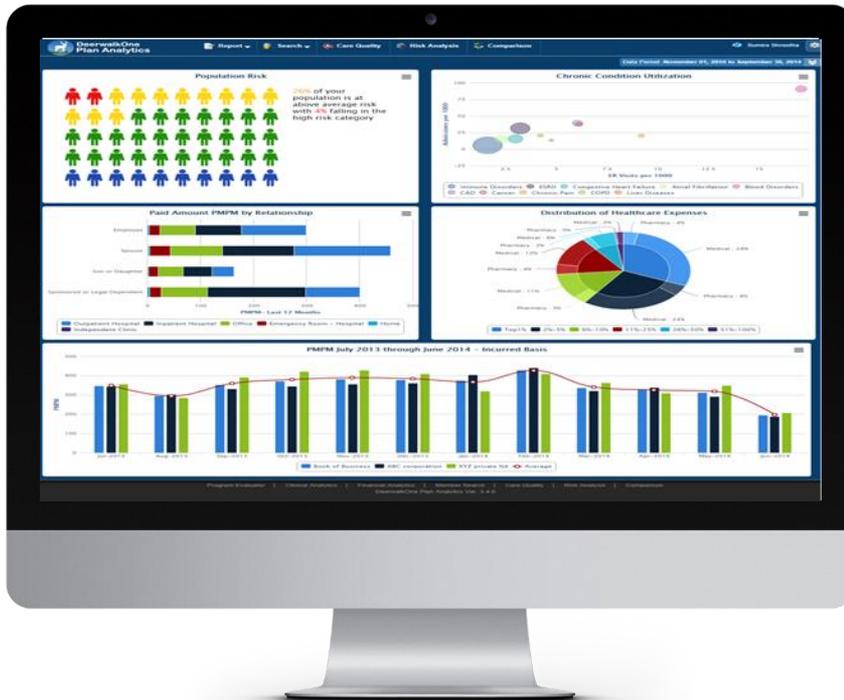
The Reports Review function uses sophisticated algorithms to aggregate patient data. View **HEDIS Quality Measures, STAR Ratings, or other Health Outcome Data. Snapshot** view shows total percentages of adherence with annual measures. In addition, there is data captured related to **Behavioral Health Issues and Social Determinants of Health.**

AllHealth CHOICE Advantages

MyCharlie
An AllHealth CHOICE Solution

Your Smartphone	Online Consultation	Healthy Lifestyle	Pocket Doctor

- **HITRUST Certified**
- **DICOM & HL7 compliant**
- **Customizable and Configurable**
- **Onshore Call Centers**
- **Integrated Digital Health Devices**
- **HIPAA Compliant Video Chat and Text**

- **24/7/365 Nurse Directed Care Coordination**
- **Pharmacist Driven Medication Review**
- **Health and Safety Monitoring**
- **Socialization Features**
- **Scheduling and Alerts**

- **Medline Education Library**
- **Campaign Generator**
- **Detailed Analytics and Robust Reporting**
- **HEDIS Quality Measure Tracking and Reports**
- **Fee at Risk Contracts Available**

Thank you.

Juliette Simpson, LCSW
Chief Strategy Officer and Co-Founder
(478) 960-7822
jsimpson@allhealthchoice.com

www.allhealthchoice.com