

AllHealth
CHOICE 

AllHealth CHOICE Team Members:



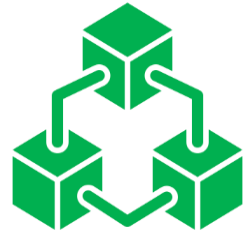
Juliette Simpson, LCSW

Chief Client Services Officer and Co-Founder

Our Mantra:

Transforming Health Care to Lower Costs and Produce Better Outcomes Through Innovation and Technology





About AllHealth CHOICE

What is AllHealth CHOICE?

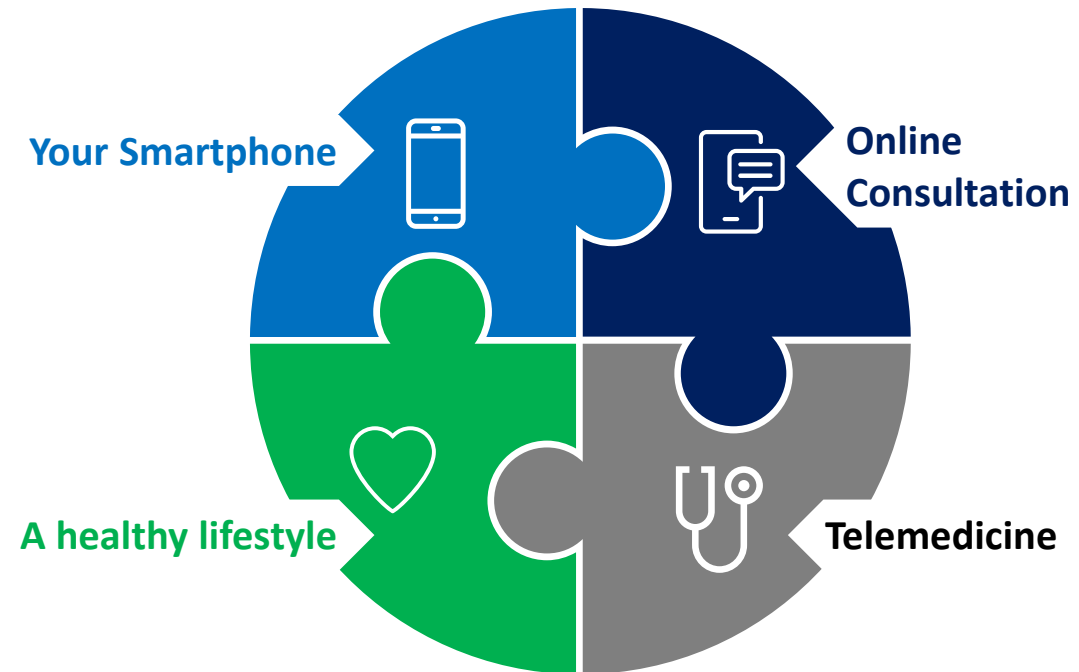
A data driven health and wellness service that integrates the latest in remote health and activity monitoring, telehealth, patient engagement, and care coordination technologies into one comprehensive service combined with dedicated, 24/7 nurse care managers and navigators.

AllHealth CHOICE'S innovative care coordination and proactive management approach reduces critical and catastrophic events by transmitting red flag alerts and preventative information to medical providers, enabling corrective action to be taken prior to any event.



AllHealth CHOICE Employer Service Offerings:

- Customized Lifestyle Management
- Advanced Disease Management
- Complex Care Management



MyCharlie Remote Monitoring Kit:

AllHealth CHOICE provides Blue Tooth Enabled peripheral devices including:



- Blood Pressure Cuff
- Pulse Oximeter
- Glucometer
- Weight Scale
- Thermometer
- Fitbit



Highest Certifications of HITRUST / HIPAA Compliance

HITRUST is the highest level of security offered.



The Problem

The Problem:

117 million Americans

have one or more chronic illnesses.

- People with multiple chronic conditions are at increased risk for poorer day to day functioning and increased mortality rates.

~66%

Total healthcare spending is associated with care for Americans with multiple chronic conditions.

97%

Consumers with chronic conditions report not receiving care coordination



Increased spending on chronic disease is a key factor driving the overall increase in spending.

Chronic Conditions are Costly

Employees with Chronic Conditions cost employers
\$36.4 Billion a year in healthcare costs.

Large Employers' Top Health Care Initiatives:

With U.S. health care benefit costs projected to climb another 5% annually, large employers are doubling down on efforts to stem the increases, according to an annual survey released today by the National Business Group on Health.



51%

Implement more virtual care solutions (e.g., behavioral health, physical therapy, digital coaching, condition management, medical decisions support, sleep)



26%

Implement an engagement platform that aggregates point solutions and pushes personalized communications to employees.

“

”

“Virtual care solutions bring health care to the consumer rather than the consumer to health care. They continue to gain momentum as employers seek different ways to deliver cost effective, quality health care while improving access and the consumer experience.”



**The
Solution**

Through AllHealth CHOICE's Health and Wellness Program, we have been able to transform healthcare to lower costs and produce better outcomes, **saving clients \$10 Million in 2020.**

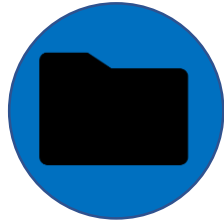
Health and Wellness Program:

These AllHealth CHOICE programs focus on members with chronic conditions. Diseases like COPD, CHF, diabetes and hypertension account for almost 90% of hospitalizations and are responsible for 87% of the total healthcare expenditure. We use a combination of Remote Health Monitoring and 24/7/365 virtual nursing care that results in lowering the cost of healthcare, improving member health outcomes and providing greater access to care.

Implementing AllHealth CHOICE's Patient Management Programs

- Reduces the overall cost of your total healthcare spend.
- Prevents the acute exacerbation of an employee's current chronic condition.
- Improves health outcomes of your employees through proactive vs reactive healthcare.
- Prevents costly ER Visits, Hospital Readmissions and Urgent Care visits.
- Provides the tools and encourages employees to get more involved in their own health and wellness.

MyCharlie Benefits:



Claims File Integration

Eligibility and claims files integrated into MyCharlie



Care Feed Messaging

HIPAA compliant Facebook-style messaging



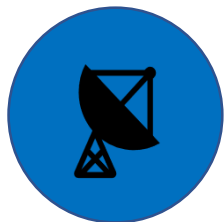
Building Care Community

Invite friends and family, and other providers



Appointment Requests

In office or virtual video call



Secure Communication

HIPAA compliant Video, Audio, Text chats with care community members



Symptom Reports

Routine screening questionnaire with alerts trigger based on patient response



System Integration

Ability to integrate with your current IT landscape, particularly your EHR system



Educational Resources

Create and assign Video, web link, or PDF modules



Remote Vitals Monitoring & Reporting

Connected synch with pulse ox, blood pressure, glucometer, thermometer, weight scale, lifestyle devices such as FitBit etc.



Notifications and Reminders

HIPAA Compliant E-mail, text, and push notifications and reminders

Provides Omnichannel Engagement

- Delivers health support through a combination of phone calls, messaging, apps, web, and video chat so participants can choose the method that meets their needs in the moment
- Provides opportunities for more frequent support and guidance rather than intermittent calls

Delivers a personalized experience to meet participants on their own terms

- Adjusts clinical programs to meet the unique needs of each participant
- Provides daily, long-term support rather than intermittent outreach
- Demonstrates upfront value to participants, making it easier for care managers to hold participants accountable for reaching their health goals, scheduling follow-up appointments, and closing care gaps.





Proven Results

A Better Way To Get Results

ENGAGEMENT THAT TRANSLATES TO OUTCOMES

12-month impact

41.8%

of participants met their
physical activity goal

2X

Participants achieving
their health goals

35.5%

of participants reached
their weight loss goal

0.6 to 1.6

avg. HbA1c reduction in those
with avg. baseline of >10

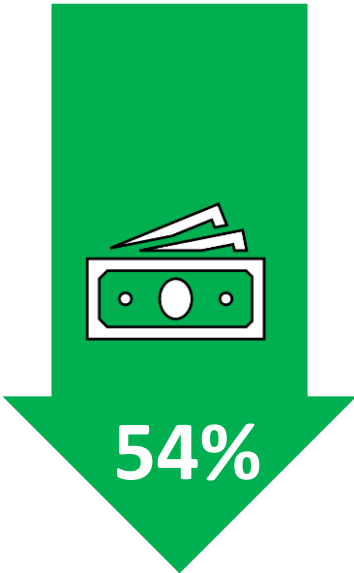
7X

Increase in participant
engagement

40%

reduction in mild/moderate
symptoms of depression

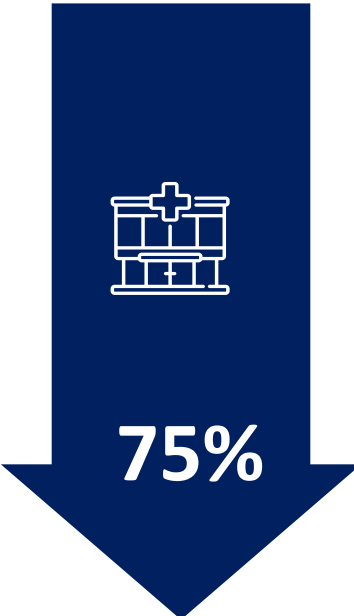
12 Month Program Impact Analysis:



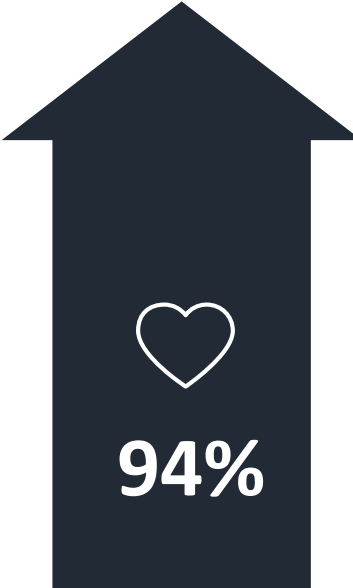
Reduction in Overall Claims Spend



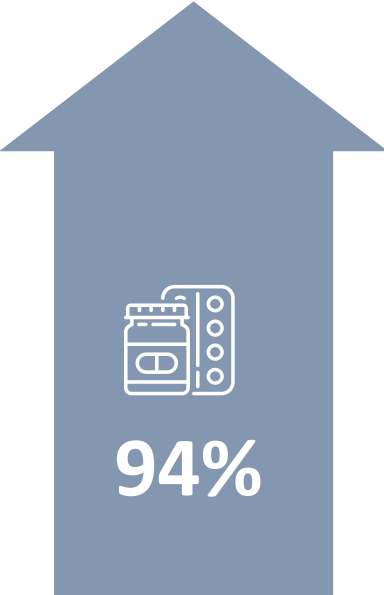
Reduction in Readmission Rate



Reduction in Emergency Department Visits



Patient Satisfaction



Medication & Medical Device Adherence

2020 Performance

Saved Clients > \$10M in Healthcare Costs



5 4 . 5 7 %

**Reduction
in Overall
Claims Costs**

Per 12 Month Period

2020 Health Plan Comparative Study

PROGRAM PARTICIPANT DATA

- Every \$1 invest resulted in \$4.25 in cost savings, just over a **4:1 ROI**.
- Total spend decreased 27%
- Total cost savings were **\$8,946.20/person**
- Cost savings were represented in every area except pharmacy due to in an increase in medication adherence.

NONPARTICIPANT DATA WITHIN THE SAME COHORT:

- Total spend **increased 36%**
- Total cost increases were **\$6,671.45/person**

**Any
Questions?**